

toolouou's

gluten free

griddle

Pancakes \$15.95

with choice of:
strip bacon, Canadian bacon, ham, fresh raspberries, blueberries, cinnamon apple or caramel banana nut

Belgian Waffle \$15.95

with whipped cream and choice of:
seasonal berries, apple cinnamon, chocolate chips, peach & pecans, blueberries or strawberries & chocolate

French Toast \$15.95

with whipped cream and choice of:
seasonal berries, apple cinnamon, chocolate hazelnut, caramel banana nut, pecans chocolate caramel or mascarpone peaches

benedicts

served with skillet potatoes or tomato slices on gluten free toast

Southern Comfort \$16.90

2 poached eggs, andouille sausage, topped with shrimp & crawfish etouffee

Eggs Shannon \$16.90

2 poached eggs & Canadian bacon topped with shrimp & crawfish etouffee

Carolyn \$15.90

2 poached eggs, fresh avocado & tomato slices topped with piquant Creole sauce

Ask about more benedict choices

sandwiches

served with skillet potatoes

Wrap It Up \$13.90

scrambled eggs, bacon, tomatoes, bell peppers & cheddar jack cheeses in a gluten free tortilla with salsa
ADD: fresh avocado for \$2.95

Acadian BLT \$11.90

Canadian bacon, lettuce, fresh tomato slices & mayonnaise

Grilled Cheese \$11.90

Grilled cheddar cheese & Canadian bacon

Breggwich \$13.90

2 fried eggs, Canadian bacon, grilled onions, tomato & lettuce

omelets

served with skillet potatoes OR tomato slices & gluten free toast

The BIG Cheesy \$13.90

cheddar, Monterey jack & parmesan

Ham & Cheese \$14.90

ham & cheddar jack cheeses

Crab Asparagus \$15.90

crabmeat, grilled asparagus & cheddar jack cheeses

Rajun Cajun \$15.90

spicy andouille sausage, mushrooms, onions, bell peppers, pepper jack cheese & Creole mustard

Western \$14.90

ham, tomatoes, green onion & cheddar jack cheeses

Spinach \$14.90

fresh grilled spinach & cheddar cheese

Green Eggs Ham \$15.90

spinach, green peppers, green onions, ham & cheddar jack cheeses with salsa verde

Veggie \$14.90

mushrooms, bell peppers, onions, tomatoes & cheddar jack cheeses

Jambalaya \$15.90

chicken, andouille sausage & cheddar jack cheeses topped with Creole sauce

Crawdaddy \$16.90

crawfish tails, mushrooms & cheddar jack

White Out \$15.90

egg white omelet stuffed with fresh grilled spinach & feta cheese

grits

Cheesy Garlic \$ 4.95

Canadiana \$ 4.95

Red Neck \$14.90

cheesy garlic grits with fricasseed ham & eggs topped with bacon red eye gravy & gluten free toast

hearty

served with gluten free toast

NOLA Skillet \$16.90

2 eggs any style, bacon, Canadian bacon, grilled tomato, skillet potato & pancake

Cowboy Hash \$16.90

skillet potatoes, bacon, onions & scrambled eggs topped with cheddar jack cheese & pancake

Sufferin' Succotash \$16.90

2 eggs any style, corned beef hash, skillet potatoes & pancake

Starvin' Marvin \$17.90

6oz sirloin steak, 3 eggs any style, grilled tomato slice & skillet potatoes

Classic Canadian \$15.90

skillet potatoes, onions, mushrooms, bell peppers & tomatoes with pancake

Light

Smoked Salmon \$16.90

Pacific wild smoked salmon, cream cheese, red onion & capers on gluten free toast

Oatmeal Brulee \$11.95

gluten free hot oatmeal topped with French vanilla yogurt and choice of fresh banana slices OR seasonal berries

Granola Parfait \$9.95

seasonal fresh berries, French vanilla yogurt & granola (**may contain)

eggs

any style with gluten free toast

One Egg \$6.90

Two Eggs \$8.90

Three Eggs \$9.90

Add: bacon, CDN bacon, sausage, ham \$1.95

Add: andouille sausage, avocado or grits \$2.95

Add: side Pacific smoked salmon \$6.95

breakfast available until 2pm daily

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salads

Zydeco House \$ 8.

Mixed greens, cucumbers, bell peppers, tomatoes & red onion with balsamic vinaigrette

Louisiana Spinach \$12.

Fresh spinach, mushrooms & red onion topped with a crab claw & our warm Bacon dressing

Lemon Garlic Caesar \$10.

Romain lettuce topped with gluten free toast & parmesan cheese tossed in lemon garlic Caesar dressing

Tabasco Caesar \$15.

Lemon garlic Caesar topped with your choice of blackened chicken, shrimp or scallops

Magnolia \$12.

Goat cheese, pecans & dried cranberries on mixed greens topped with honey mustard vinaigrette

LouLou Wedgie \$15.

Crisp lettuce wedge, tomatoes, cucumbers & pecans topped with crumbled bleu cheese, Dijon vinaigrette and your choice of shrimp or crawfish tails

Blackened Jack \$16.

Blackened tenderloin tips, grilled bell peppers, black olives, artichoke hearts & mushrooms on mixed greens with bleu cheese dressing

soup

Steve's Swampburger \$ 9.

Hearty blend of ground beef, medley of vegetables & secret seasonings served with gluten free toast

Tooloulou Express \$14.

Steve's Swampburger soup with your choice of Lemon Garlic Caesar or Zydeco salad served with gluten free toast

Sides

Fresh Cut Fries \$ 7.

Cajun Fries \$ 7.

Cajun Slaw \$ 4.

lagniappes

Garlic & Chili Shrimp \$14.

Whole jumbo shrimp sauteed in garlic & chili with gluten free toast

Blackened Tips \$12.

Beef tenderloin tips with bleu cheese dip

Boudin Balls \$10.

Traditional blend of beef, pork, rice, onions, peppers & seasonings with Creole mustard

Big Bad Button Ribs \$ 9.

Crispy and tossed with rock salt & fresh lemon juice

Shrimp Remoulade \$14.

Chilled shrimp seasoned with our signature boil mix topped with Creole remoulade

sandwiches

with your choice of fresh cut fries, Cajun fries, Caesar or Zydeco house salad

Black Jack Wrap \$17.

Blackened tenderloin tips, grilled bell peppers, black olives, artichoke hearts, mushrooms, mixed greens & bleu cheese dressing in a gluten free wrap

Cajun Club Wrap \$15.

Grilled blackened chicken, bacon, tomatoe, avocado, lettuce, cheddar jack cheeses & ranch dressing in a gluten free wrap

VeggWich \$15.

Tomato slices, avocado, cucumber, red onion, lettuce, pepper jack cheese & creole mayonnaise in a gluten free wrap

Smoked Salmon Bagel \$14

Pacific wild smoked salmon, cream cheese, red onion & capers on gluten free toast

Acadian BLT \$12.

Canadian bacon, lettuce, fresh tomato slices & mayonnaise on gluten free toast
Add cheddar cheese for \$1.95

Grill Cheese & Bacon \$12.

Melted cheddar cheese & Canadian bacon grilled on gluten free bread

A Little Louisiana .. A Little Acadiana .. A Little Canadiana

Bayou bowls

Served with gluten free toast

Substitute white rice for Cajun rice

The Big Easy \$20.

Gluten free noodles with scallops, baby clams & rock crab in Creole sauce

Pasta Creole \$19.

Gluten free noodles with smokey sausage & chicken in Creole sauce

Mile High Stir Fry \$15.

Zucchini, broccoli, onion, bell peppers & mushrooms with piquant house seasonings over white rice
Add spicy shrimp or scallops \$6.95
Add blackened chicken \$5.95

Creole Jambalaya \$17.

Smokey sausage & chicken in spicy Creole sauce over Cajun Dirty Rice

ShrimpCrawfishEtouffee\$18.

Shrimp & crawfish tails with onion, bell peppers, celery & tomatoes in a cayenne Cajun butter sauce over Cajun rice

SeafoodSausage Gumbo\$18.

Rich seafood stew with shrimp, clams, scallops, andouille sausage over Cajun dirty rice

Red Beans & Rice \$17.

Slow simmered with smoked ham shanks served over Cajun rice.
Add andouille sausage \$2.95
Add blackened chicken \$5.95

Taste N'Awlin's \$20.

Trinity of Jambalaya, Shrimp Crawfish Etouffee & Seafood Sausage Gumbo over Cajun Dirty Rice

house spec

BBQ Ribs \$18.

Baby back pork ribs in house BBQ sauce served with Cajun rice or fries & slaw

Steak Sandwich \$16.

AAA Angus 6oz sirloin on gluten free toast with fries & slaw

Fish Taco \$17.

Blackened catfish with fresh tomatoes, cucumbers, lettuce & lime sauce in a gluten free wrap with Cajun slaw

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salads

Zydeco House \$ 8.
Mixed greens, cucumbers, bell peppers, tomatoes & red onion with balsamic vinaigrette

Louisiana Spinach \$12.
Fresh spinach, mushrooms & red onion topped with a crab claw & our warm Bacon dressing

Lemon Garlic Caesar \$10.
Romain lettuce topped with gluten free toast & parmesan cheese tossed in lemon garlic Caesar dressing

Tabasco Caesar \$15.
Lemon garlic Caesar topped with your choice of blackened chicken, shrimp or scallops

Magnolia \$12.
Goat cheese, pecans & dried cranberries on mixed greens topped with honey mustard vinaigrette

LouLou Wedgie \$15.
Crisp lettuce wedge, tomatoes, cucumbers & pecans topped with crumbled bleu cheese, Dijon vinaigrette and your choice of shrimp or crawfish tails

Blackened Jack \$16.
Blackened tenderloin tips, grilled bell peppers, black olives, artichoke hearts & mushrooms on mixed greens with bleu cheese dressing

soup

Steve's Swampburger \$ 9.
Hearty blend of ground beef, medley of vegetables & secret seasonings served with gluten free toast

lagniappes

Garlic & Chili Shrimp \$14.
Whole jumbo shrimp sauteed in garlic & chili with gluten free toast

Blackened Tips \$12.
Beef tenderloin tips with bleu cheese dip

Boudin Balls \$10.
Traditional blend of beef, pork, rice, onions, peppers & seasonings with Creole mustard

Big Bad Button Ribs \$ 9.
Crispy and tossed with rock salt & fresh lemon juice

Shrimp Remoulade \$14.
Chilled shrimp seasoned with our signature boil mix topped with Creole remoulade

meat market

with your choice of fresh cut fries, Cajun fries, Cajun rice, white rice, sweet potatoes

Top Sirloin \$26.
8oz AAA Angus top sirloin
Blackened add \$1.00

Bourbon Rib Eye \$35.
12oz chili rubbed AAA rib steak

Bayou Babyback Ribs
1/2 Rack for \$18 Full Rack \$32

Blackened Chicken \$24
8oz blackened chicken breast. Ask for lemon herb seasoning if blackened is too spicy!

Sides

Fresh Cut Fries \$ 7.
Cajun Fries \$ 7.
Cajun Slaw \$ 4.

Bayou bowls

Served with gluten free toast
Substitute white rice for Cajun rice

The Big Easy \$29.
Gluten free noodles with scallops, baby clams & rock crab in Creole sauce

Pasta Creole \$25.
Gluten free noodles with smokey sausage & chicken in Creole sauce

Mile High Stir Fry \$18.
Zucchini, broccoli, onion, bell peppers & mushrooms with piquant house seasonings over white rice
Add spicy shrimp or scallops \$6.95
Add blackened chicken \$5.95

Creole Jambalaya \$23.
Smokey sausage & chicken in spicy Creole sauce over Cajun Dirty Rice

ShrimpCrawfishEtouffee\$25.
Shrimp & crawfish tails with onion, bell peppers, celery & tomatoes in a cayenne Cajun butter sauce over Cajun rice

SeafoodSausage Gumbo\$25.
Rich seafood stew with shrimp, clams, scallops, andouille sausage over Cajun dirty rice

Red Beans & Rice \$19.
Slow simmered with smoked ham shanks served over Cajun dirty rice
Add andouille sausage \$2.95
Add blackened chicken \$5.95

Taste N'Awlin's \$29.
Trinity of Jambalaya, Shrimp Crawfish Etouffee & Seafood Sausage Gumbo over Cajun Dirty Rice

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house spec

- Mississippi Mussels** \$19.
Steamed in garlic white wine sauce served in Creole sauce with gluten free toast
- Steamer Bucket** \$17.
Scallops, clams, mussels steamed in garlic & white wine with gluten free toast
- Crab Claws Bordelaise** \$28.
Crab claws in seasoned white wine sauce served over Cajun rice with gluten free toast
- Cajun Seafood Skillet** \$38.
Jumbo shrimps, scallops, crawfish & mushrooms sauteed in lemon garlic butter with Cajun rice topped with bordelaise sauce & parmesan cheese with gluten free toast

Cajun boils

- Cajun Crab & Shrimp Boil** \$39. p/p
We bring a tray of snow crab legs, shrimp in the shell, spicy sausage, corn on the cob, taters and a boiled onion right to your table along with crab crackers & a roll of paper towels! Served with a bowl of Cajun dirty rice and gluten free toast. (minimum two people)
- Add a pound of King Crab** \$40.
- Big Daddy's Half Crawfish Bucket** \$37.
1.5 pounds served with 1 corn cob, 1 potato & gluten free toast
- Full Crawfish Bucket** \$70.
3.0 pounds served with 2 corn cobs, 2 potatoes & gluten free toast
- Snow Crabs Cajun Style**
Snow Crab clusters boiled in our signature BOIL served with Cajun dirty rice & lemon garlic butter & gluten free toast
- One Cluster** \$25.
Two Clusters \$39.
Three Clusters \$53.

Combos

Sea to Shore Combination Plate \$39.

SHORE ~ Choose One
Angus Top Sirloin / BBQ Ribs / Blackened Chicken

SEA ~ Choose One
Bourbon Sea Scallops / Snow Crab / Rajun Cajun Shrimp

Served with choice of:
Cajun dirty rice, white rice, fresh cut fries, Cajun fries or sweet potato mash

seafood market

with choice of Cajun Dirty Rice, White Rice, Fresh Cut6 Fries, Cajun Fries or Sweet Potato Mash

- Planked Wild BC Salmon** \$29.
Maple orange glazed & grilled on a cedar plank served with seasonal vegetable
- Bayou Tooloulou's** \$28.
Choice of Snapper, Catfish, Tilapia or Mahi Mahi seared & topped with Shrimp Crawfish Etouffee with seasonal vegetable
- Rajun Cajun Shrimp** \$29.
Crab claws in seasoned white wine sauce served over Cajun rice with gluten free toast
- Black Fish** \$26.
Your choice of blackened Snapper, Catfish, Tilapia or Mahi Mahi with fresh mango salsa & seasonal vegetable. Substitute lemon garlic butter if blackened is too spicy
- Louisiana Catfish** \$24.
Cornmeal crusted & served with our zesty fresh lime sauce & seasonal vegetable
- Bourbon Sea Scallops** \$35.
Large sea scallops coated with bourbon seasonings served with seasonal vegetables
- Colossal BBQ Shrimp** \$26.
Your choice of blackened Snapper, Catfish, Tilapia or Mahi Mahi with fresh mango salsa & seasonal vegetable. Substitute lemon garlic butter if blackened is too spicy
- King Crab** \$48.
One pound luxurious king crab with warmed butter & seasonal vegetable

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